



May 2023

NEWSLETTER

Church of Peace, A Spiritualist Cen-

In this issue:

- ♦ Message from the Director
- ♦ COP events
- ♦ Hawaiian Spirituality
- ♦ Korean Shamanism
- ♦ Equal Spirits
- ♦ Children's Lyceum
- ♦ NSAC events and newsletter link



**STAND WITH
UKRAINE**



A Message from the Director

Charvonne Carlson, NST, CM, CH

Hello All,

May flowers are starting to bloom here in the North. I am seeing my crocus, and hostas coming in. I am also feeling the chill of early mornings and evenings as the sun fades or begins to join us. The trees are budding and the temptation to plant is growing stronger with each day. There is an excitement and buzz of the promise of longer days, warmer weather and full blooms of all of the plants and outdoor creatures. Yet I must be patient. Here where I live, we have at least another month before we can put plants in the ground, or fret about frost taking them before June. The early mornings and evenings are still fairly nippy so the winter coats cannot be packed away just yet. The ground is still thawing, old snow piles are still melting. Winter is slowly transitioning into Spring. And I must be patient. Patience is key to the transitions of Life and Nature. During this time it is good to observe the newness of things, while allowing the old to fade away. To perhaps begin making plans for new projects, while tidying up old ones. I hope you all are being patient with yourself and taking this time to really fully enjoy and embrace the promise of Spring.

Sending Much Love and Joy to you ALL.

Many Blessings,

Charvonne

Charvonne Carlson, NST, CM, CH

Director, Church of Peace, A Spiritualist
Center





Church of Peace is a Spiritualist Online Church, registered with the National Spiritualist Association of Churches,

We focus on the educational and spiritual development of Spiritualists through the foundation of Modern American Spiritualism.

“There is no joy in the finite; there is joy only in the Infinite.” - Upanishads

Upcoming Events

Church of Peace, A Spiritualist Center, NSAC
Sunday Services 9am CST

Our Members Take the Service

Speaker and Medium



Allison E. Bell, JD Vice
President and member of
the Pastoral Committee for
the Church of Peace, A
Spiritualist Center

March 5, 2023

April 2, 2023

May 21, 2023

July 9, 2023

September 17, 2023

December 17, 2023



Rev. Rosmary Calderalo
PHD, NST, CM, CH
NSAC Board Treasurer and
member of the Church of
Peace, A Spiritualist Center

March 19, 2023



Angela Gunshore, MA
Secretary and member of
the Pastoral Committee
for the Church of Peace,
A Spiritualist Center

February 26, 2023

March 26, 2023

June 11, 2023

August 13, 2023

October 29, 2023

November 5, 2023

December 3, 2023

churchofpeacespiritualistcenter.org

Sunday Morning Spiritual Service

Sunday Morning
9 am CST, 10am EST, 7am PST

Email: churchofpeacespiritual@gmail.com
or
website to join

Church of Peace, A Spiritualist Center
churchofpeacespiritualistcenter.org

Check out and subscribe
to

Church of Peace YouTube Channel

for past lyceums, services
and discussions at

[https://www.youtube.com/
channel/
UCulMYzK67Bmv KS_tEcqvU
w/featured](https://www.youtube.com/channel/UCulMYzK67BmvKS_tEcqvUw/featured)

WELCOME NEW MEMBERS

Patrice Horton

If interested in joining our church, please fill out a membership application below

[General Membership Application](#)

(for other memberships see website)

Membership is \$30 a year

Contact churchofpeacespiritual@gmail.com

Church of Peace is dedicated to informing our members of amazing opportunities that exist Globally in Spiritualism. Many of these organizations, schools and mentoring events are offered to help enhance our knowledge of Spirit and to collaborate with other Spiritualist world wide .

NSAC Societies/Clubs

Contact the secretaries of the different clubs to apply.
For more information email Church of Peace at
Churchofpeacespiritual@gmail.com

Licentiate Ministers and Certified Mediums Society

Charvonne Carlson, President
charvonne.carlson@gmail.com |

Sharon Watson, Secretary-Treasurer
sawatson@cflrr.com

(Students are welcome to join)

Spiritualist Healers League

Havivah Richards, President
reverendhaviness@gmail.com |

Sharon Watson, Secretary-Treasurer
sawatson@cflrr.com |

(Students are welcome to join)

(Only certified members can join the next two clubs)

National Spiritualist Teachers Club

Sharon Watson, President
sawatson@cflrr.com |

Patricia Horne, Secretary/Treasurer
Coffee_lover417@hotmail.com

Ministerial Association

Rosemary Calderalo, President
rosemarycalderalo@gmail.com |

Sharon Watson, Secretary-Treasurer
sawatson@cflrr.com | 352-237-2277

Camps /retreats

Look at the organizations websites to learn more about the summer events, retreats and workshops offered at their locations. Classes and workshops for summer time registrations are now open.

NSAC Affiliated Spiritualist Camps

[LilyDale Assembly, Lilydale, NY](#)

[Pine Grove Spiritualist Camp](#)

[Temple Heights Spiritual Camp, Northport, ME](#)

[On-I-Set Wigwam Spiritualist Camp, Onset, MA](#)

[NorthERN Lake Michigan Spiritualist Camp, North charlevoiv, MI](#)

[Camp Edwood, Milton, WA](#)

[Wonewoc Spiritualist Camp, Wonewoc, WI](#)

[Chain Lakes Spiritualist Camp, Mi](#)

Spiritualist Camps

[Cassadaga Spiritualist Camp, Lake Helen, FL](#)

[Camp Etna, Etna, ME](#)

[Camp Chesterfield, Chesterfield, IN](#)

[Harmony Grove Spiritualist Assoc., Escondido, Ca](#)

[Madison Spiritualist Camp, Reymond, ME](#)

[Sunset Spiritualist Camp, Tonopah, AZ](#)

[Sunset Spiritualist Church & Camp, Wells, KS](#)

[Snowflake Spiritualist Camp, Central Lake, MI](#)

Recipes from the [Polynesian Cultural Center](#)

Tropical Fruit Salsa: A refreshing summer treat

by [Nina Jones](#) | Jul 15, 2022 | [Eat Polynesia!](#), [Luau & Party](#), [Recipes](#), [Side](#)

Ingredients

2 C watermelon, seeded and cubed into small pieces

1 cup of fresh pineapple, [peeled and cubed into small pieces](#)

1 mango, [peeled and cubed into small pieces](#)

1 cucumber, seeded and cubed into small pieces

½ small red or sweet onion, finely diced

1 tablespoon hot pepper, such as serrano, jalapeno, etc., seeded and finely minced. Note: 2 tsp. red pepper flakes can be substituted.

Optional: Other produce can be added or used as substitution, such as chives for the onions, papaya, jicama, corn, etc.

1 tablespoon of **one** of the following herbs, freshly minced: dill, basil, cilantro or mint.

¼ c lime juice

¼ teaspoon black pepper, freshly ground

½ teaspoon sea salt (Optional) ½ teaspoon chili lime salt

1/3 cup shredded coconut



Step 1: Peel and cut the fresh fruits with a sharp knife and place in a colander. Add 1 tsp. of salt (which will help release any liquid in the produce) and mix gently by hand. Then place the colander into the sink to drain for 10 minutes. At the end of the 10 minutes, gently press the fruit (still in the colander as it sits in the sink) to express out the excess juices.

Step 2: Gently scoop the fruit into a glass bowl. Add the chopped onions and hot pepper.

Step 3: in order not to bruise the fruit, stir gently with your hands to mix the produce (this can be done by gently scooping with a bottom to top folding action)

Step 4: Pour the lime evenly over the mixture. Add the salt, and hot pepper. Toss gently.

Step 5: Cover and refrigerate. Keep the salsa refrigerated in an airtight container until time to serve. As you are using fresh produce, it is best to use within the next few hours. When ready to serve, pour off any newly accumulated liquid, then sprinkle with a touch of shredded coconut and some chili lime salt. Serve with fresh tortilla chips, or served on top of grilled fish or chicken, or in a refreshing green salad with sliced avocados and fresh grilled or steamed fish and topped with a delicious Champagne Vinaigrette

NSAC Newsletter

To be informed on the latest activities, events and movements in the National Spiritualist Association of Churches, please read their newsletter at the link below

[Newsletter](#)

Healing Requests

Church of Peace would like to remind members to send all healing requests to

churchofpeacespiritual@gmail.com

by Tuesday each week.

Please use first names only.

During our Sunday service we will read the names aloud so our healers and members can send healing energy to those in need..

Remember the fourth Sunday of the month at 8 am CST is a healing service is offered by the

Church of Peace A Spiritualist Center

presents

Caroline Shola Arewa

Author and Coach

Sunday, May 7th, 2023

Service at 9 am CST



Email: Churchofpeacespiritual@gmail.com
for Zoom link

Korean Shamanism

The earliest form of religion practiced in Korea, reaching back to prehistoric times, is the belief that there is a world populated by ghosts. Shamanism's origins can be traced back to societies that existed at least 40,000 years ago. The shaman has held a variety of titles, including "magician, medicine man, psychopomp, mystic, and poet." (Eliade, 2004)

While shamanism is not the same as mediumship, it does involve certain aspects of spiritual communication that may be considered similar.

The shaman differs from other healers or priests in that they can enter trance states at will. The shaman's soul left their body while they were tranced and moved into the spiritual worlds, where they met both helpful and hindering spirits. The shaman frequently engaged in a life-or-death combat with bad spirits out to hurt humanity. The shaman offers healing on a variety of planes, including the psychic, spiritual, and physical.

The shaman employs a holistic approach to their job, considering not just the individual but also how that individual interacts with both their inner and outer worlds. According to the shaman, the soul is the location of life breath, or the place where a person's essence resides. Since spiritual illness frequently results in bodily illness, the shaman's main concern is treating the illness of the soul. The loss, invasion, and possession of the soul are all aspects of mental illness.

Korean Shamanism, also known as *Muism* or *Sinism*, is a traditional folk religion that has been practiced in Korea for thousands of years. It involves the worship of gods and spirits, as well as the use of various rituals and practices to communicate with them. One aspect of Korean Shamanism that is particularly important is the use of *saju*, which is a form of divination that involves the interpretation of a person's birthdate and time.



The Chinese "Four Pillars of Destiny" system, also known as "*BaZi*," is the basis for *Saju*, which translates to "four pillars" in Korean. Based on the year, month, day, and hour of birth, a person's fate and character are determined using this system. Chinese astrology's "Four Pillars of Destiny" are thought to be forecasts based on the five elements and the yin-yang theory. The tale of *Fu Si*, or *Bok-hee* in Korean, is thought to be where the I Ching ("I Ching") got its principle (Shin, 2018). As a result, he is regarded as one of China's oldest mythical monarchs (traditional dates range from 2800 to 2737 BC). He is also credited with discovering the eight mystical trigrams, which is a well-known notion for the Qing dynasty. In Korean Shamanism, *saju* is used to provide guidance and insight into a person's life, as well as to help them make important decisions.

According to Korean Shamanism, each person is born with a certain destiny that is determined by the alignment of the stars and planets at the time of their birth. This destiny can be influenced by the actions of the person, as well as by the spirits and gods that are believed to be present in the world. *Saju* is used to interpret a person's destiny and to provide guidance on how to live their life in harmony with the natural world.

In addition to *saju*, Korean Shamanism also involves the use of various other spiritual practices, such as the performance of rituals and ceremonies to honor the gods and spirits. These rituals often involve the use of music, dance, and chanting, as well as the burning of incense and the offering of food and drink to the spirits.

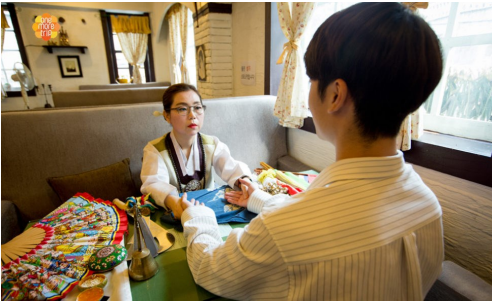


Korean culture has a rich history of shamanism, which is based on the belief in the ability to communicate with spirits and ancestors. While shamanism is not the same as psychic abilities, it does involve certain aspects of spiritual communication that may be considered similar. In addition, there have been some individuals throughout Korean history who have been recognized for their ability to communicate with spirits or demonstrate other psychic abilities.

One example is Hong Gil-dong, a legendary figure from the Joseon Dynasty (1392-1910) who was said to possess supernatural abilities such as superhuman strength, agility, and clairvoyance. While Hong Gil-dong is not typically considered a medium or psychic in the traditional sense, his supernatural abilities are a part of his legendary status in Korean culture. (continue on to page 6)

Korean Shamanism (con't)

Another example is Shim Jae-gyu, who was a famous fortune-teller and physiognomist during the late Joseon Dynasty. He was renowned for his ability to predict the future and interpret people's facial features to determine their character and fate.



In recent times, there are also some individuals who have gained fame in Korea for their psychic abilities. It is important to note, however, that claims of psychic abilities are often met with skepticism and criticism in Korea, as they are in many other cultures. While there may be individuals who are recognized for their abilities, the concept of psychic abilities is not widely accepted or integrated into Korean culture and religion in the same way as it is in some other cultures.

Korean Shamanism has been an important part of Korean culture for thousands of years, and it continues to be practiced today. While it has faced challenges and suppression at various points in history, it has remained a vital part of Korean spirituality and identity. Today, many Koreans continue to seek the guidance and insight provided by *saju* and other shamanic practices, as a way of connecting with their cultural heritage and finding meaning and purpose in their lives.

In conclusion, Korean Shamanism is a rich and complex spiritual tradition that has played an important role in Korean culture for thousands of years. *Saju* is one aspect of this tradition that has been used to provide guidance and insight into a person's life, based on their birthdate and time. Using *saju* and other shamanic practices, Koreans have been able to connect with the spirits and gods that are believed to inhabit the natural world, and to find meaning and purpose in their lives.



References

- Chung, B. K. (1994). The Korean Shamanistic Worldview and Its Relationship to Modern Korean Culture. *Asian Folklore Studies*, 53(2), 289–307.
- Chun Kyung-soo. (2012). History of shamanism studies and its misunderstanding in Korea: After Yi nung-hwa. *Korean Journal of Folk Studies*, null(31), 5-44. <https://doi.org/10.35638/kjfs.31.201212.001>
- Dong, C. H. (2015). Korean Shamanism: The Cultural Paradox. *Journal of Korean Religions*, 6(1), 21–46.
- Eliade, Mircea. 2004. *Shamanism: Archaic Techniques of Ecstasy*. Princeton, N.J.: Princeton University Press. ISBN 9780691119427.
- Jung, J. (2023, January 17). *Saju: The Korean obsession with fortune-telling*. The Skeptic. <https://www.skeptic.org.uk/2023/01/saju-the-korean-obsession-with-fortune-telling/>
- Kim, T. S. (2017). The Impacts of Traditional Beliefs and Cultural Values on Korean Folklore: With Special Reference to Korean Shamanism. *Asian Ethnology*, 76(1), 135–152.
- Lee, J. (2022). Korean shamanism and mediatization: The theoretical frameworks. *The Assemblage of Korean Shamanism*, 1-23. https://doi.org/10.1007/978-3-031-11027-6_1
- Lee, H. Y. (2016). Korean Shamanism and Its Modern Transformation: A Study of Contemporary Korean Shamanism. *Korean Journal of Religious Studies*, 40(1), 101–124.
- NWE. (2023). *Korean shamanism*. New World Encyclopedia. https://www.newworldencyclopedia.org/entry/Korean_shamanism
- Shin, J. (2018, December 14). *History of Saju*. The Korean Times. https://www.koreatimes.co.kr/www/culture/2018/12/148_55410.html
- Yi, J. (2009). Korean Shamanism: Muism. *Korea Journal*, 49(4), 142–159.

Church of Peace
A Spiritualist Center

A Spiritualist Circle

Online

May Saturday dates:
13th and 27th

7pm EST, 6 pm CST, 4 PM PST

Email: churchofpeacespiritual@gmail.com
for more information on this mediumship circle

Church of Peace
A Spiritualist Center

Let's Talk

Online Lyceum

Thursday, May 25th, 2023
8pm EST, 7pm CST, 5 pm PST

Email: ChurchofPeaceSpiritual@gmail.com
for more information on this Lyceum

Church of Peace, A Spiritualist Center, NSAC
Sunday Services 9am CST
Guest Speakers

March 12, 2023 - James Bae
Celebrate Life, A Spiritualist Community, NSAC



April 16, 2023 - Rev. Mary Brooks
Pastor, Universal Spiritualist Centre

April 30, 2023 - Ellen Edmondson
Spirit Portrait Artist



May 7, 2023 - Caroline Shola Arewa
Energy 4 Life Wellness Coach and Author



May 14, 2023 - Carol Cesar
The Center for Spiritual Enlightenment, NSAC



June 4, 2023 Rev. Celeste Elliot
Church of Living Spirit Lily Dale, NY



July 23, 2023 - Rev. Amy Majors
International Spirit Rescue Specialist/Teacher/Minister/Intuitive/Healer

churchofpeacespiritualistcenter.org

Church of Peace: Psychical Research Science Society



In following Spiritualism, Church of Peace started a Psychical Research Science Society. Our goal is to shed light on the current studies, scientific findings, technology and groups that have proven the existence of life after physical death.

Starting in 2023, we will offer speakers throughout the year for a fee look for future events one our website page

<https://www.churchofpeacespiritualistcenter.org/prss>

Church of Peace Psychical Research Science Society Disclaimer

The views and opinions expressed by Presenters do not necessarily reflect the views or positions of Church of Peace , PRSS or the NSAC.

Church of Peace presents
Psychical Research Science Society
March 4th, 2023, Meeting



Guest Speaker:

Author, Radio Talk Show Host, Researcher, and
Forever Family Foundation Founder

Bob Ginsberg

<https://www.foreverfamilyfoundation.org/>

Check out the March 2023 PRSS Meeting

Speaker: Bob Ginsberg

<https://www.youtube.com/watch?v=JMKMKLbdax4>

Our May PRSS Meeting is a
general meeting.

Equal Spirits



Equal Spirits focuses on equality among all living spirits. In the mission of Spiritualism, Church of Peace's goal is to create an equal and diverse community and presence in our global majority world. Our center focuses on topics each month that reflect our belief in celebrating the heritage and contributions of all people.

We are looking for articles, information on events or organizations and even news about topics related to diversity, equity and inclusion. If you are interested in contributing to our newsletter or website please message us at churchofpeacespiritual@gmail.com.



Church of Peace Psychical Research Science Society

The following groups are listed to educate our members on global Psychical Research Societies

American Society for Psychical Research, INC.

5 West 73 rd Street

New York, NY 10023

www.aspr.com

Society for Psychical Research

1 Vernon Mews

London, W14 0RL

www.spr.ac.uk

Psychical Research Foundation

2901 Haymeadow

Carrollton, TX 75007

www.psychicalresearchfoundation.com

The Scottish Society for Psychical Research

thesspr.com

Koestler Parapsychology Unit

University of Edinburgh

7 George Square

Edinburgh EH8 9JZ

<https://koestlerunit.wordpress.com/participate/>

Institute of Noetic Sciences

101 San Antonio Rd

Petaluma, CA 94952

Noetic.org

Psychic Science

psychicscience.org

Dept. of Phenomenal Evidence

National Spiritualist Association
of Churches

www.phenomenalevidence.org

Rhine Research Center

Duke University

2741 Campus Walk Avenue

Building 500

Durham, NC 27705

www.rhineonline.org

Parapsychological Association

PO Box 14884

Columbus, OH 43214

www.parapsych.org

Anomalistic Psychology Research Unit

Goldsmith University of London

New Cross London SE14 6 NW

<https://www.gold.ac.uk/apru/>

Parapsychology Foundation, INC

P.O. Box 1562

New York, NY 10021

parapsychology.org

Laboratory for Advances in Consciousness & Health

University of Arizona

lach.web.arizona.edu

International Association for Near Death Studies

2741 Campus Walk Avenue

Building 500

Durham, NC 27705

lands.org

DEATHLY ASCENSIONS DISCUSSIONS

New



www.ladyp3rdeye.wordpress.com



Heyyyy! Blessings! My name is
Patrice Horton and
I am a new member of Church of
Peace, A Spiritualist Center. I
would like for you to chat with me
on the First Wednesday of the
month at 7PM CST starting in
June. I am a Integrative Healing
Arts Practitioner, Certified
Hypnotist, & End of Life Doula.

Lady P. 3rd Eye



Deathly Ascensions Discussions is a safe
space for anyone to chat about near death
experiences, the loss of a loved one, the
diagnosis of a terminal illness, caring for a
loved one with a terminal illness and sooo
much more. This will be an upbeat and
sensitive approach to discussing our
greatest fears, loss, and pain. We will be
utilizing gaming tools such as The Death
Deck & End of Life Deck as well as
informational tools such as The My Life's
Message App and Bereave App! Let's look
on the bright side of some of our darkest
moments because one day we all will have
our Deathly Ascension into the
next realm. Remember.....Spirit never dies!

Church of Peace's Children's Lyceum Corner

Book of the Month Children's books

Root Magic

by Eden Royce



It's 1963, and things are changing for Jezebel Turner. Her beloved grandmother has just passed away. The local police deputy won't stop harassing her family. With school integration arriving in South Carolina, Jez and her twin brother, Jay, are about to begin the school year with a bunch of new kids. But the biggest change comes when Jez and Jay turn eleven— and their uncle, Doc, tells them he's going to train them in rootwork. Jez and Jay have always been fascinated by the African American folk magic that has been the legacy of their family for generations—especially the curious potions and powders Doc and Gran would make for the people on their island. But Jez soon finds out that her family's true power goes far beyond small charms and elixirs...and not a moment too soon. Because when evil both natural and supernatural comes to show itself in town, it's going to take every bit of the magic she has inside her to see her through.

Check out a new organization that supports children with developing intuitive abilities and helps parents understand their child's unique gifts

Highly Intuitive Kids



<https://www.highlyintuitivekids.com/>



Artist of the month:

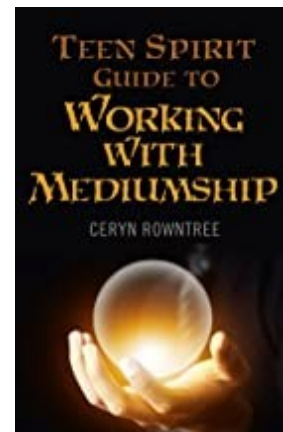
Menelik Horton

Book of the Month

Teen Books

Teen Spirit Guide to Working with Mediumship

by Ceryn Rowntree



Teen Spirit Guide to Working with Mediumship is a brilliant and comprehensive guide to working and communicating with the Spirit world. Although primarily written for young adults, it can also be utilized by anybody wanting to start their journey into working with Spirit but struggling with where to go for advice or more information. In easy and clear steps, Ceryn Rowntree will take you through the basics of connecting with the Spirit world, to more advanced techniques, and how to do it in a safe way that's comfortable for you as an individual.

Church of Peace's Children's Lyceum Corner

Mason Jar Picture Frame Vases for Mother's Day

By Beth Hunter (May, 2020)

Supplies needed:

Mason Jar Clean
Paint of choice
Paper cut to make window for picture view
Painters tape



Place the paper with painters tape over the section you want to show the picture. Then paint the entire jar minus the taped area. After it dries, remove the tape and paper to expose a clear glass area

Then cut the picture and tape it to the inside of the jar in the area where the clear window of glass is exposed.

And then cover the back of the picture with tape or vinyl covering.

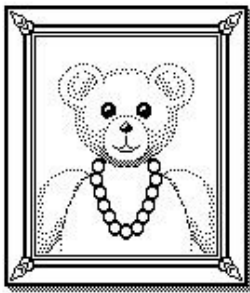
And fill it with flowers or candies. If using flowers, may want to get water tubes to place on the ends of the flowers stems instead of filling it with water to preserve the photo.



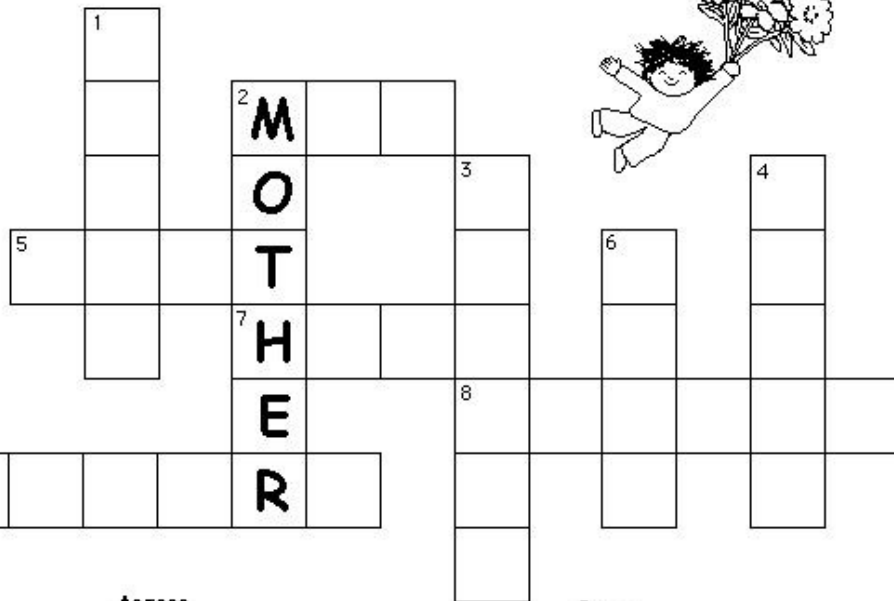
Check out Psychic Kids United for lessons on how to help your gifted child and ways to learn how to work with your child if they show signs of being an empath, psychic, or a medium:

Click the logo to know more.

Mother's Day Crossword



Mother



Word List

card kisses
gift thank
mom spring
visit flowers
hugs

Across

2. A short name for Mother
5. A present
7. How about some _____ and kisses
8. The season is _____
9. She might plant these in her garden

Down

1. We might go _____ Grandma
3. How about some hugs and _____
4. We say _____ you for the gifts
6. Mail a _____ to Grandma

Hawaiian Spirituality

Hawaii's spirituality is a part of the long-standing and vast Polynesian culture. It is based on the notion that the gods (*akua* and *kupua*), the natural spirits (*awaiku*), and the ancestral spirits (*'aumakua*) have control over the elements of nature. The name for the spirit world is *p* (the underworld). Gods, demigods, and ancestral spirits live there. If a person's soul is not able to reach the underworld, it continues to exist as a spirit in the world of humans. These spirits could be friendly and supportive, aloof and rambling, or malicious and destructive. Many wandering spirits that are unable to access the underworld start their life in a stone.



Hawaiian Haka

Hawaiian spirituality views gods as divine creatures. In the early Hawaiian spiritual tradition, two Goddesses and four Gods were revered as Sacred Spirits or representations of the elements of nature. *Pele* was the Spirit of the fire and the volcano, whereas *Hina* was the Spirit of the Moon. The Creator Spirit, known as *Kne*, was referred to as "the leading Spirit among the Great Spirits." *K* was the warrior spirit. *Lono* was honored as the Spirit of Fertility and Peace. *Kanaloa* was the Ocean Spirit. These natural spirits were adored by the earliest Hawaiians, who believed they possessed both earthly and spiritual forms. The earthly forms were known as "many bodies" (*kino lau*). Hawaiians understood that the treasures of nature were gifts from the almighty.

In Hawaiian culture, the spirits have a big say in whether someone succeeds or fails in life. Success is the outcome of a guardian spirit's ability to protect. The tragedy and the poor luck are the work of evil spirits. Being receptive to messages that come in all shapes and from all sources is advised by the Hawaiian spiritual tradition. Spirits can communicate with one another through plants and animals. They can be detected by the smell of the bloom and the owl's hoot. Those who are adept at reading animal symbolism are always guided by the important signs from the spirit world.

Spirit possession in Hawaiian culture. The Hawaiians believe that spirits known as *Aqua Noho*, or "sitting gods," may communicate with and inhabit living things. The word for a person whose body a "sitting god" momentarily inhabits is "*haka*" (medium). During the spirit possession, the *haka* receives *mana* (spiritual power) and is revered as divine. A Hawaiian *kahuna* sorcerer can conjure or produce wish-fulfilling spirits, known as *Unihipili*, the dreadful spirits that magic can conjure. A procedure involving elements of black magic is used by the *kahuna* to turn the spirit of a recently sick child into a *Unihipili*, a terrible serving spirit. Thanks to its *mana* (spiritual power), this ghostly being grants its owner amazing supernatural skills.



Kukailimoku—Tiki God of War

However, keep in mind that the cultural and spiritual traditions of the people of Hawaii and the Pacific Islands have long included a variety of spiritual and psychic practices. For instance, the traditional divination practice known as '*Awaiku* in Hawaiian culture includes flinging stones to reveal messages from spirits. Other Pacific Island societies also have their own distinctive spiritual practices and methods of divination. Folklore and ghost stories abound in the spiritual culture of Hawaii. On rare occasions, the spirits act as formidable allies and protectors. Sometimes they safeguard the general equilibrium of the natural environment, the water, the trees, and the environment. Hawaiian spirits have a reputation for being ominous and frightening, pushing people to grow spiritually and get over a defect.

The family's '*Aumakua*, or holy guardian spirits. Each family is guarded by the '*Aumakua*, guardian spirits, in Hawaiian mysticism. A variety of plants and animals might appear as guardian spirits. '*Awaiku* is a traditional form of divination that is unique to Hawaiian culture. It involves casting small stones onto a special mat or surface and interpreting the patterns and shapes they make to communicate with the spiritual realm. In Hawaii, stones can either be regarded as sacred or unfortunate depending on whether they are the dwelling places of gods or evil spirits. The *kahuna* is revered in the polytheistic Hawaiian religion. The *kahuna* acts as a link between the material world and the afterlife.

They might be prophets, sorcerers, healers, or magicians.

The stones used in '*Awaiku* are typically smooth and round, and they are often made from materials such as coral, lava rock, or river stones. The mat used for the casting process is known as a *kapa*, and it is made from woven fibers of the paper mulberry tree. To perform an '*Awaiku* divination, the practitioner will typically sit or kneel before the *kapa* and concentrate on a specific question or issue that they would like to receive guidance on. They will then take a handful of stones and cast them onto the *kapa*, observing how they fall and the shapes that they create. Interpreting the stones and their patterns can vary depending on the practitioner and the specific situation, but generally, certain shapes and configurations are associated with specific meanings. For example, a circle or spiral pattern may represent the cyclical nature of life or the interconnectedness of all things, while a jagged or broken line may represent a period of struggle or challenge. Overall, '*Awaiku* is a deeply spiritual practice that is rooted in the traditional beliefs and customs of Hawaiian culture. It is still practiced by some Hawaiians today to connect with their ancestors and seek guidance from the spiritual realm.

In addition, there have been individuals from Hawaii who have gained recognition for their psychic abilities in more recent times, such as the late psychic and spiritual teacher Ram Dass, who spent many years in Hawaii and wrote extensively on spirituality and consciousness. However, note that these individuals were not necessarily associated with the Spiritualist movement or its practices.

Reference:
Befus, T. (2015). *Hawaiian folklore: Encounters with the supernatural*. Schiffer Publishing.
Gonzalez, J. (2020, December 12). *What do spirits mean in Hawaiian culture*. Spirit Restoration. <https://www.spiritrestoration.org/signs-symbols/spirit-in-hawaiian-culture/#The%20Mo%E2%80%9990%20Spirits%20%E2%80%93%20Freshwater.%20Shape-Shifting%20Guardians>
Kupihea, M. (2004). *The seven dawns of the Aumakua: The ancestral spirit tradition of Hawaii*. Simon & Schuster.

Declarations of Principles

1. We believe in Infinite Intelligence.
2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.
3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.
4. We affirm that the existence and personal identity of the individual continue after the change called death.
5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.
6. We believe that the highest morality is contained in the Golden Rule: "Do unto others as you would have them do unto you."
7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.
9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.

Healing prayer

I ask the Great Unseen

Healing Force

To remove all obstructions from
my mind and body
And to restore me to perfect
health.

I ask this in all sincerity and
honesty

And I will do my part.

I ask this Great Unseen

Healing Force

To help both present and
absent ones

Who are in need of help

And to restore them to
perfect health.

I put my trust in the love and
power of God.

Amen

